

# Kenya Legislation on Food Fortification

- Technical Regulation Number 62 of 2012 published under The Food, Drugs and Chemical Substances Act **requires all packaged wheat flour, maize meal, and edible fats and oils to be fortified with vitamin and mineral**
- KEBS has **directed all manufacturers of these products to ensure compliance with the regulation** as a prerequisite of acquiring any of its quality marks
- KEBS **has also directed its Surveillance, Quality Assurance and Inspectors to ensure full compliance of products** with the respective standards



# The Legislation on Food Fortification

- The Technical Regulation is at advanced stages of revision
- This allows the **adoption of the East Africa Standards on fortified food products** in line with Kenya's obligation to the EAC SQMT Act
- **KEBS will have the East Africa Standards adopted on fortified food products in line with country's obligation**
- This ensures no conflict between the Regulation and the National Standards



# KS 168 vs EAS 786

Nutrient & form	KS 168	EAS 768
Vit A: Vitamin A palm. SD	0.2 - 1.0	0.5 – 1.4
Vit B1: Thiamin Mononitrate	1.6 – 6	3.0 Min
Vit B2: Riboflavin	1.5 – 5	2.0 Min
Vit B3: Niacinamide	15 – 30	14.9 Min
Folates: Folic acid	0.5 – 2.5	0.6 – 1.7
Vit B6: Pyrodoxine	2 – 7.5	2.0 Min
Vit B12: Vit B12 0.1% WS	0.002 – 0.01	0.007 Min
Iron: NaFe EDTA	15 – 30 total	10 – 20 added
		21 – 41 total
Zinc: Zinc Oxide	20 – 40	33 – 65