FOOD FORTIFICATION IN ZAMBIA

Presented by Gladys Kabaghe
National Food and Nutrition Commission
Training Workshop on Quality Assurance and Quality Control for Flour Fortification
Harare Zimbabwe 11 – 14 May 2015
Where we are

- Sugar being fortified with vitamin A since 1998
- Plans to fortify wheat flour and oil and maize
- Voluntary Fortification of wheat flour already in the Food and Drug Act (Regulation 321, of SI No. 90 of 2001).
- Voluntary fortification of maize meal also already in the Food and Drug Act (Regulation 330, of SI No. 90 of 2001)
Where we are

• 30 Commercial millers already equipped with 2 microdosifiers each
• Draft SI available
• Advocacy Plan available
• Training manual for millers available
Where we hope to be

- Fortify all the 4 identified food vehicles
  - Sugar
  - Wheat
  - Oil
  - Maize
How Long it will take to get there

• Review the Advocacy Plan
• Implement the Advocacy Plan
• Review the Draft SI taking into account results from the Food Consumption and Micronutrient Survey
• Review the Training Manual for millers
How Long it will take to get there

• Establish a system to authorize and check quality of premix (ZMRA or FDCL)
• Auditing and Inspection of factories to be agreed upon (ZABS or MoH or Local Authority)
• Inspection of fortified food on the market MoH/Local Authority
How Long it will take to get there

- Strengthen FDCL to give analytical support for food inspection
- Establish a permanent monitoring system